

Chakra Psychology presents a unique and groundbreaking one day workshop:

Family Constellations & the Chakras

Sunday 10 June 2018

10am – 4.30pm

Muswell Hill, London N10 3NU

Family Constellations is a form of therapy that aims to help heal the soul of a family system. Love flows down through the generations but is thwarted where there is unresolved trauma, struggle or pain. These unseen internalised forces have the power to entangle us in fates that may not belong to us, fates dating back over two, three or even more generations. The chakra system, rooted in ancient Eastern philosophical thought, offers us a way of identifying parts of the self that need healing, and which may be related to previous trauma within the family.

"I found the Family Constellation workshop to be so enlightening. Since the workshop I have found that I am much more calm and understanding towards myself and others. Delcia is such a gracious facilitator and I know whenever I attend her workshops I'm in safe hands. I would highly recommend this workshop to anybody who is looking to reflect on themselves and their family history and patterns. It is unlike anything I have ever done." Fareda Barlas, London

Cost: £85 (non-refundable deposit £40)

**Venue: Flat 2, 56 Queens Avenue, Muswell Hill,
London N10 3NU**

Suitable for: All those on a spiritual and personal growth path. Some familiarity with the chakra system is helpful but not essential.

This workshop is validated by the Association for Therapeutic Healers for Continued Personal & Professional Development. A certificate of attendance given.

Please note that on a one day workshop there is sometimes not sufficient time for each participant to do their own personal constellation. However, with their permission, everyone is fully involved in the work and representatives invariably find that their own part in a constellation resonates deeply with them and enriches their own life. This is a whole group experience.

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